Why don't you take some time out and pop in for a relaxing chat & refreshment at The Haven. You can meet other people affected by HIV and Hep C in a safe and supportive environment.

We will also be offering complementary therapies and referrals to our other services.

These include:
- welfare rights advice
- family & social activities
- peer support groups
- health promotion and education

Tuesdays 9.30am-1pm
Wednesdays 12.30pm – 4pm